# JBLCA Genre and Topic Guide

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### Introduction

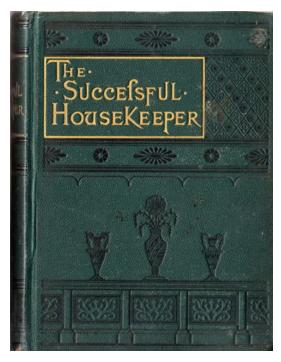
Culinary history covers a wide variety of topics pertaining to public and private life. The Janice Bluestein Longone Cuilnary Archive (JBLCA) includes works on foods and beverages, cooking, eating, diet, nutrition, raising food, entertaining, the management of the household, the marketing of foodstuffs and kitchen equipment, and many other subjects.

Within these topic areas you will find material that sheds light on matters of identity, consumption, work, leisure, the family, social relations, and much else in American life. The following lists offer some suggested entry points into the collection, including search terms and specific titles that may be of interest to the researcher. For more information on other topics or genres, please search in the Library Catalog or contact curator Juli McLoone.

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This research guide has been condensed and revised by Curator Juli McIoone in June 2020, based on several more comprehensive guides prepared by Curator JJ Jacobson prior to 2015.

### Domestic Manuals and Household Cyclopedias



Works that discuss housekeeping are a rich source of information about everyday life. These include manuals on housework in its narrowest sense, and also "Cyclopedias" that cover the broader work of the entire homestead. These volumes include advice on cooking, cleaning, and making cleaning products; caring for the sick and practicing popular medicine; raising and educating children; and overseeing domestic servants. Some works also cover a wide range of home handicrafts such as making carpets, furniture, and other household articles, as well as keeping bees and poultry; making and mending tack, and other needs of rural, semi-rural, and even urban life.

#### Suggested Search Terms

Note: search terms with multiple words must be enclosed by quotation marks.

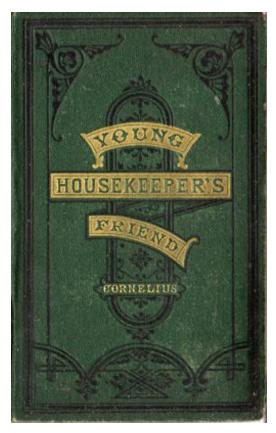
- "Home economics"
- "Domestic Economy"
- "Household Economy"
- Homemaker
- Homemaking

- The Family Receipt-Book, or, Universal Repository of Useful Knowledge and Experience in all the Various Branches of Domestic Oeconomy... (London: Printed for the editors and published for Oddy and Co., 1810).
- Colin MacKenzie. <u>Mackenzie's Five Thousand Receipts in All the Useful and</u>
   <u>Domestic Arts: Constituting a Complete Practical Library Relative to Agriculture.</u>

- Bees, Bleaching, Brewing, Calico Printing, Carving at Table, Cements, Confectionary, Cookery... (Philadelphia: James Kay, Jun., & Co., 1831)
- Farmers' Directory and Housekeepers' Assistant: Containing Recipes and Axioms

  Highly Useful to All Persons (Oshawa, Ontario: D. Olipahnt's Office, 1851).
- Charles Henry Fowler. Home and Health and Home Economics: A Cyclopedia of Facts and Hints for All Departments of Home Life, Health, and Domestic Economy (New York: Phillips & Hunt, 1880).
- John A. Logan. <u>The Home Manual: Everybody's Guide in Social, Domestic, and Business Life: A Treasury of Useful Information for the Million: Embracing Etiquette, Hygiene, Household Economy, Beauty, Method of Money-Making, Care of Children... (Philadelphia, PA: J.W. Keeler & Co., 1889).
  </u>

### Advice to New Housekeepers



Advice directed at young or new housekeepers forms a distinct genre within culinary and domestic publishing. The premise of these works is that the young woman (often presumed to be a newlywed) setting up housekeeping must have a reliable source of advice to direct her in learning the skills required to create a well-run home. The authors often portray themselves as well-wishers or confidential friends who will guide the new housekeeper past the numerous dangers and difficulties she will encounter.

The content of these guides exemplify ideas of womanhood and domesticity that were current at the time they were written, address common fears, and cater to common aspirations. In some works,

there is evidence of social dislocation and changing patterns, with the author reassuring or

consoling the reader who was not taught the relevant skills in the course of her upbringing. In many cases, specific moral burdens are placed on housewives, with prescriptions about their place in the world.

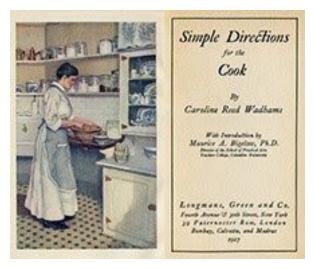
#### Suggested Search Terms

Note: search terms with multiple words must be enclosed by quotation marks.

- "Young housekeeper"
- "Young house keeper"
- "Young wife"
- Beginner
- Inexperienced

- The young woman's companion, or, Frugal housewife: containing the most approved methods of pickling, preserving, potting, collaring, confectionary, managing and colouring... (Manchester: Printed by Russell and Allen, 1811)
- William A. Alcott. <u>The young house-keeper</u>, or, <u>Thoughts on food and cookery</u>
   (Boston: George W. Light, 1838)
- Marion L. Scott. <u>The practical housekeeper and young woman's friend: containing useful receipts and advice on domestic economy</u> (Toledo, Ohio: Blade Steam Print Establishment, 1855)
- Mrs. T.J. Kirkpatrick. <u>The housekeeper's new cook book: embracing nearly one</u>
   <u>thousand recipes and practical suggestions to all young housekeepers in regard to</u>
   <u>cooking and the utensils used</u> (Springfield, Ohio: Mast, Crowell &
   Kirkpatrick, 1883)
- Jane Prince. <u>Letters to a young housekeeper</u> (Boston: Houghton Mifflin, 1917)

### **Domestic Service and Servants**



JBLCA includes significant materials documenting the history of domestic service in the United States from the 19th to mid-20th centuries. These touch on various aspects of economic and labor history, including the industrial and market revolution. Books written from the employers' point of view touch directly on complaints about disobedient and ungrateful servants, as well as the problem of "keeping good help" in a society that espoused equality and rejected

the rigid class structure of Europe. Meanwhile, books written as advice to servants help to illuminate common problems and employer expectations for proper behavior. Across the board, these works provide insight into the roles and expectations of male and female servants, as well as the rise of the separate spheres of men and women in the 19th century, and the tensions and conflicts among women of varying socioeconomic classes.

### Suggested Search Terms

Note: search terms with multiple words must be enclosed by quotation marks.

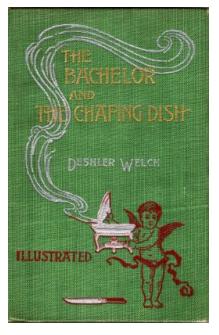
- "Household employees"
- Waiters
- Waitresses
- "Master and servant"

#### **Example Texts**

Maria Eliza Ketelby Rundell. <u>A New System of Demestic Cookery: Formed Upon Principles of Economy and Adapted to the Use of Private Families</u> (London: Printed by S. Hamilton for J. Murray, 1813). New ed., corr.

- Catherine Esther Beecher. <u>Miss Beecher's Domestic Receipt-Book: Designed as a Supplement to her Treatise on Domestic Economy</u> (New York: Harper & Brothers, Publishers, 1854). Third edition.
- Sarah Josepha Buell Hale. <u>Mrs. Hale's New Cook Book: A Complete Cookery Book</u> for All Classes with Rules and Illustrations for Household Management...
   (Philadelphia: T.B. Peterson & Bros., 1873).
- Carl Grimsköld. <u>Svensk-Amerikansk Kokbok Samt Rådgivare för Svenskt</u>
   <u>Tjenstefolk i Amerika / Swedish-American Book of Cookery and Advisor for Swedish Servants in America</u> (Stockholm: A.L. Normans Boktr, 1882).
- Caroline Reed Wadhams. Simple Directions Series: <u>Simple Directions for the Cook, Simple Directions for the Butler, Simple Directions for the Cook, Simple Directions for the Waitress or Parlor Maid</u> (New York: Longmans, Green, and Co., 1917)
- Edward M. Blackoff. <u>How to solve Your Servant Problem: A Practical Guide to</u>
   <u>Finding, Hiring, Training, and (alas!) Firing the Servant in Your Home</u> (New York:
   Stein and Day, 1963).

### Gender Roles and Expectations



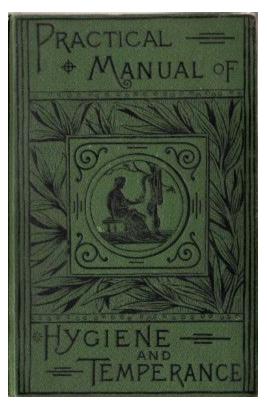
Cookbooks provide information not only about cooking itself, but also social norms surrounding gender,. General "household" works often implicitly or explicitly identify gender roles in the breakdown of their chapters as "Men's work" and "women's work" are discussed as separate spheres. Children's cookbooks may articulate different expectations for boys and girls. And although, historically, most cookbooks have been written for women, there is a special subgenre written by male authors and addressed to other men. These works offer windows into contemporary views of gender roles and relations in matters culinary, gastronomic, and domestic.

#### Suggested Search Terms

- Family
- Household
- Domestic
- Housewife
- Housekeeper
- Bride
- Stag
- Bachelor
- Men
- Groom
- Girl
- Boy
- Children
- Juvenile

- William A. Alcott. <u>The Young Wife, or, Duties of Woman in the Marriage Relation</u>
   (Boston: George W. Light, 1841)
- Marion Harland. The Secret of a Happy Home (New York: Christian Herald, 1896).
- Deshler Welch. <u>The Bachelor and the Chafing Dish</u> (New York:
  - F. Tennyson Neely, 1896)
- Caroline French Benton. <u>A Little Cook Book for a Little Girl</u> (Boston: Page Co., 1905)
- Susan Brownell Anthony. <u>Out of the Kitchen, Into the War: Woman's Winning</u> <u>Role in the Nation's Drama</u> (New York: S. Date, 1943)
- Brick Gordon. <u>The Groom Boils and Stews: A Man's Cook Book for Men</u> (San Antonio, TX: Naylor Co., 1947)

# Diet Reform and Vegetarianism



The JBLCA holds many works documenting the diet reform movement and the history of American vegetarianism. Much additional material on diet reform and 19th century vegetarianism may be found in the Special Collections Research Center's History of Medicine Collection, and also at the William L. Clements Library. The Bentley Historical Library holds the papers of Michigan physician founder of the Battle Creek Sanitarium, John Harvey Kellogg.

Looking at more recent vegetarian history, JBLCA also holds a number of key works that emerged from the counterculture movement of the 1960s and 70s, including The Moosewood Cookbook and Diet for a Small Planet.

#### Suggested Search Terms

- Vegetarianism
- "Vegetarian cookery"
- "Diet in disease"
- meatless

- William A. Alcott. <u>Vegetable Diet: As Sanctioned by Medical Men and by</u>
   <u>Experience in All Ages</u> (New York: Fowlers and Wells, 1849). 2nd ed., rev. And enl.
- Lucretia E. Jackson. <u>The Health Reformer's Cook Book, or, How to Prepare Food</u> <u>from Grains, Fruits, and Vegetables</u> (Dansville, NY: F.W. Hurd & Co., 1867).
- John Harvey Kellogg. <u>Practical Manual of Health and Temperance...</u> (Battle Creek, MI: Good Health Pub. Co., 1885). New ed,, rev. And enl.

- Kate Buffington Davis. <u>Practical Vegetarian Cookery</u> (San Francisco, CA: Mercury Publishing Company)
- Louise Lust. <u>The Practical Naturopathic-Vegetarian Cook Book: Cooked and Uncooked Foods</u> (New York: B. Lust, 1907).
- The Unity Inn Vegetarian Cook Book: A Collection of Practical Suggestions and Receipts for the Preparation of Non-Flesh Foods in Palatable and Attractive Ways.

## Gardening and Raising Food for the Household



Although cooking and dining are JBLCA's primary foci, it also encompasses materials on gardening and growing food for the household, as well as related topics, such as beekeeping. Through these books, as well as related materials in the Special Collections Research Center's General and Rare Collection and the William L. Clements Library, one can learn more about the variety of gardening methods used throughout history and trace trends that were the result of the development of new equipment or ideas about how to be more productive in the garden.

#### Suggested Terms

- Gardening
- Garden
- Gardener
- Husbandry
- Vegetable gardening
- Herb gardening
- Fruit culture

- Robert Buist. <u>The American Flower Garden Directory</u> (Philadelphia: Carey and Hart, 1841).
- Elliot G. Stroke. <u>The Gardens, Poultry, and Bees</u> (Auburn, NY: Auburn Pub. Co., 1859)
- Samuel B. Green. <u>Amateur Fruit Growing: A Practical Guide to the Growing of</u>
  <u>Fruit for Home Use and the Market...</u> (St. Paul, MN: Webb Pub. Co., 1905)
- <u>Victory Garden Manual</u> (Chicago: Ziff-Davis Pub. Co., 1943)
- Ruth A. Matson. <u>Cooking by the Garden Calendar</u> (Garden City, NY: The American Garden Guild, 1955)